



***This Too Shall Pass:
49 Experiments with Impermanence***

A 5-day, 49-hour performance event exploring time, impermanence, and spirals of intersecting cycles from diverse cultures.

Come for an hour, a day, or the whole thing.

Watch, listen, sleep, meditate, join in, and/or participate in whatever ways move you.

May 1st – 5th 2018

CSU East Bay University Theatre

- Tuesday May 1st, 7pm to 11pm (4 hours)
- Wednesday May 2nd, noon to 11 pm (11 hours)
- Thursday May 3rd, noon to 11pm (11 hours)
- Friday May 4th, noon to midnight (12 hours)
- Saturday May 5th, 1pm to midnight (11 hours)

Completed works, works-in-progress, ceremonies, guided practices, jam sessions and more.

The CSU East Bay Inclusive Interdisciplinary Ensemble, directed by Eric Kupers, presents a 49-hour experimental performance investigating questions about the time we are existing in, including:

- How can we make sense of this time we're living in?
Is this the beginning of the end or the start of something new?
- How do we find faith, courage, and wakefulness in terrifying times?
- What is the nature of time, impermanence, mortality, rebirth, historical cycles, natural cycles, the search for meaning, and the journey of the human race?
- What do we have to learn from dance, music, theater, meditation, healing, and other creative practices that take us out of our usual life's pace?

- What do we have to learn from one another when we take the time to sit and be creative together?

Come for 1 hour, all 49 hours, or any amount in between! The diverse offerings of performance, discussion, and participation will be linked by a commitment to inclusion and experimentation, as well as simple movement and sound ceremonies taking place every hour, on the hour.

The full schedule is subject to evolve, so you can find the latest updates here:

www.dandeliondancetheater.org/this-too-shall-pass-49-experiments-with-impermanence

This Too, the central dance/music/theater piece will be performed at 8pm each night (and again at 10pm on Friday and Saturday). If you just want to come for one hour but get a concentrated infusion of the energy of this performance project, come to THIS TOO. With direction/choreography by Eric Kupers, original music by David Ryther, text by Kimiko Guthrie, guest artist Keith Penney, performer/collaborators from the Inclusive Interdisciplinary Ensemble and DanceSing Drum Company, lighting and scenic design by Richard Olmsted, and costumes by Ulises Alcala.

There will be countless opportunities to witness and/or participate directly in live, inclusive art throughout the five days!

Come ready for the unexpected!

Entrance is FREE before 6pm each day, and after 6pm admission costs:

\$5/\$10/\$15

Tickets will eventually be on sale

here: <http://www.csueastbay.edu/class/departments/theatre/performances.html> but you can also just buy at the door.

NOTE: If you show up before 6pm, you can stay the rest of the evening for free!

For questions, please contact: eric.kupers@csueastbay.edu



Schedule (subject to evolve)

Tuesday, May 1st



HOUR 1

7:00 pm – 8:00 pm, Opening Ceremony

The Inclusive Interdisciplinary Ensemble (IIE) joins forces with Ohlone Guest Artists for an opening ceremony acknowledging the Ohlone ancestral land that CSU East Bay occupies and setting intentions for a healing and transformative 49 hours.

HOUR 2

8:00 pm – 9:00 pm, IIE/DanceSing Drum Company -*This Too*

This Too is the central piece of this 49-hour adventure. If you can only come for one hour but want a concentrated infusion of the energy of the full project, come to *This Too*. With direction/choreography by Eric Kupers, original music by David Ryther, text by Kimiko Guthrie, guest artist Keith Penney, performer/collaborators from IIE and DanceSing Drum Company, lighting and scenic design by Richard Olmsted, and costumes by Ulises Alcala, this epic dance/theater will lead you deep into your inner world and out into vast views of time cycles unfolding.

HOUR 3

9:00 pm – 10:00 pm, Dandelion – Music and Dance Jam

Dandelion is Eric Kupers' core performance research ensemble within Dandelion Dancetheater. Join us as we share music and stories from our current dance/theater/music project *We Are All Dragons in Drag*, examining the potential of imagination, mythology, and drag for harnessing soul-power in the face of despair and fear.

HOUR 4

10:00 pm – 10:50 pm, Exfoliate the Government

Exfoliate the Government is a wild romp through current events, political satire, stream-of-consciousness associations, sing-along silliness, and unexpected theatricality, led by Jessica Irerra, Raven Malouf-Renning, and Rob Lindley.

10:50 pm – 11:00 pm, Day 1 Closing Ritual

Join us in a combination of pre-planned and impromptu blessings, intentions, and participatory exercises to close out the first day.

Wednesday, May 2nd



HOOR 5

12:00pm – 1:00pm, Healing Music Session and Participatory Dance Flocking

Eric Kupers and IIE provide live, original, healing music for listening, napping, meditating, or guided reflection. Meanwhile dancers from IIE lead “flocking,” an inclusive movement practice modeled after the ways that birds and other animals move together in groups.

HOOR 6

1:00 pm – 2:00pm, Healing Music Session and Participatory Dance Flocking

Eric Kupers and IIE provide live, original, healing music for listening, napping, meditating, or guided reflection. Meanwhile dancers from IIE lead “flocking,” an inclusive movement practice modeled after the ways that birds and other animals move together in groups.

HOOR 7

2:00 pm – 3:00 pm, Yoga Class by Raven with Live Music

An inclusive Hatha Yoga class by Raven Malouf-Renning, accompanied by IIE musicians. This class is accessible for people of all abilities/disabilities, sizes, shapes, experience levels, and backgrounds.

HOOR 8

3:00 pm -4:00 pm, Performance by Dance for All Bodies and Abilities and other cluster classes

Students from Eric Kupers’ *Dance for All Bodies and Abilities* class share movement and music compositions, joined by other cluster classes from the Theatre and Dance department.

HOOR 9

4:00 pm – 5:00 pm, Panel Discussion: Indigenous Views: Time, History, and Cycles

The first of a series of panel discussions exploring questions about the nature of time, historical cycles, natural cycles, social justice, activism, sustainability, identity, and responding to the fast pace of contemporary life. This panel will bring together indigenous artists and activists, facilitated by Benny Avalos.

HOOR 10

5:00 pm – 6:00 pm, Performance by Junghoon Kim

CSUEB Theatre and Dance alum, costume designer, and performance artist Junghoon Kim shares his unique blend of Korean cultural forms and performance art.

HOUR 11

6:00 pm – 7:00 pm Live Music by Randall Krieger and IIE

CSUEB student composer Randall Krieger initiated a collaboration with Eric Kupers and IIE in fall of 2017. Randall will share live performances of his original compositions, accompanied by dance by IIE.

HOUR 12

7:00 pm – 8:00 pm, CSU Ferguson – Further Explorations of Social Justice Performance

Artists from CSU Ferguson (guided by Professor A. Fajilan and CSUEB Alum Miriam Araya) share new and adapted social justice theatre explorations, as well as participatory workshops and discussions.

HOUR 13

8:00 pm – 9:00 pm IIE/DanceSing Drum Company -This Too

This Too is the central piece of this 49-hour adventure. If you can only come for one hour but want a concentrated infusion of the energy of the full project, come to *This Too*. With direction/choreography by Eric Kupers, original music by David Ryther, text by Kimiko Guthrie, guest artist Keith Penney, performer/collaborators from IIE and DanceSing Drum Company, lighting and scenic design by Richard Olmsted, and costumes by Ulises Alcala, this epic dance/theater will lead you deep into your inner world and out into vast views of time cycles unfolding.

HOUR 14

9:00 pm – 10:00 pm Dawn Holtan – Cracking Open

Dance/Theater artist Dawn Holtan shares an ensemble work weaving together myths, fairy tales, tales of love and loss, performer operated lighting, singing and multi-generational dance. Live and original music performed by Eric Kupers.

HOUR 15

10:00 pm – 10:50 pm Dawn Holtan – Cracking Open Part II

Dance/Theater artist Dawn Holtan's *Cracking Open* continues.

10:50 pm – 11:00 pm Day 2 Closing Ritual

Join us in a combination of pre-planned and impromptu blessings, intentions, and participatory exercises to close out the second day



Thursday, May 3rd



HOUR 16

12:00pm – 1:00pm Healing Music Session and Participatory Dance Flocking

Eric Kupers and IIE provide live, original, healing music for listening, napping, meditating, or guided reflection. Meanwhile dancers from IIE lead “flocking,” an inclusive movement practice modeled after the ways that birds and other animals move together in groups.

HOUR 17

1:00 pm – 2:00pm Panel Discussion: Times Up—issues of abuse

The second of a series of panel discussions exploring questions about the nature of time, historical cycles, natural cycles, social justice, activism, sustainability, identity, and responding to the fast pace of contemporary life. This panel will bring together artists and activists addressing issues of physical, emotional, sexual and other abuse, facilitated by Mariela Guerra.

HOUR 18

2:00 pm – 3:00 pm, IIE Class – Music and Dance Improvisations

Eric Kupers’ IIE class performs music and dance improvisations that investigate diverse approaches to working with time and space.

HOUR 19

3:00 pm -4:00 pm, IIE Class – Drum Circle and Rhythm Jam

The IIE class leads a participatory drum circle and jam session. Join us for inclusive drumming and dancing.

HOUR 20

4:00 pm – 5:00 pm, Panel Discussion: Cycles of Time and Spiritual Paths

The third of a series of panel discussions exploring questions about the nature of time, historical cycles, natural cycles, social justice, activism, sustainability, identity, and responding to the fast pace of contemporary life. This panel will bring together spiritual teachers and practitioners, facilitated by Raven Malouf-Renning.

HOUR 21

5:00 pm – 6:00 pm, CSUEB Dance Ensemble Showing

The CSUEB Dance Ensemble is always at work creating and rehearsing original student choreography, under the direction of Professor Nina Haft. Come see what Dance Ensemble students are working on, including sneak peeks at students' senior projects.

HOUR 22

6:00 pm – 7:00 pm, Live Music by Randall Krieger and Dance by DanceSing Drum Company

CSUEB student composer Randall Krieger initiated a collaboration with Eric Kupers and IIE in fall of 2017. Randall will share live performances of his original compositions, accompanied by dance by IIE.

HOUR 23

7:00 pm – 8:00 pm, CSU Ferguson – Further Explorations of Social Justice Performance

Artists from CSU Ferguson (guided by Professor A. Fajilan and CSUEB Alum Miriam Araya) share new and adapted social justice theatre explorations, as well as participatory workshops and discussions.

HOUR 24

8:00 pm – 9:00 pm, IIE/DanceSing Drum Company -This Too

This Too is the central piece of this 49-hour adventure. If you can only come for one hour but want a concentrated infusion of the energy of the full project, come to *This Too*. With direction/choreography by Eric Kupers, original music by David Ryther, text by Kimiko Guthrie, guest artist Keith Penney, performer/collaborators from IIE and DanceSing Drum Company, lighting and scenic design by Richard Olmsted, and costumes by Ulises Alcala, this epic dance/theater will lead you deep into your inner world and out into vast views of time cycles unfolding.

HOUR 25

9:00 pm – 10:00 pm, Rhythm Hour – Balinese Kecak Choir and Jam

Music teacher and performer Lydia Martin will lead performers and audience members in a Balinese Kecak Choir (Monkey Chant.) Lydia is a member of Gamelan Sekar Jaya, Gamelan X, and other Bay Area music groups.

HOUR 26

10:00 pm – 10:50 pm, Judy Andrade-Garcia's Senior Project

Graduating senior Judy Andrade-Garcia shares her senior choreography project.

10:50 pm – 11:00 pm, Day 3 Closing Ritual

Join us in a combination of pre-planned and impromptu blessings, intentions, and participatory exercises to close out the third day.



Friday May 4th



HOUR 27

12:00 pm – 1:00 pm Rhythm Hour – LEEP Taiko

LEEP Taiko is made up of CSUEB Faculty and Staff who have committed to learning about and performing Japanese Taiko drumming. Led by Masa Fukuizumi of Eden Aoba Taiko, LEEP Taiko will share energizing drumming from our repertory.

HOUR 28

1:00 pm – 2:00 pm CSU Ferguson – Further Explorations of Social Justice Performance – Part I

Artists from CSU Ferguson (guided by Professor A. Fajilan and CSUEB Alum Miriam Araya) share new and adapted social justice theatre explorations, as well as participatory workshops and discussions.

HOUR 29

2:00 pm – 3:00 pm CSU Ferguson – Further Explorations of Social Justice Performance – Part II

Artists from CSU Ferguson continue their offerings.

HOUR 30

3:00 pm -4:00 pm, Yoga Class by Raven with Live Music

An inclusive Hatha Yoga class by Raven Malouf-Renning, accompanied by IIE musicians. This class is accessible for people of all abilities/disabilities, sizes, shapes, experience levels, and backgrounds.

HOUR 31

4:00 pm – 5:00 pm Panel Discussion: Doing Time (Experiences of Time in Prison)

The fourth of a series of panel discussions exploring questions about the nature of time, historical cycles, natural cycles, social justice, activism, sustainability, identity, and responding to the fast pace of contemporary life. This panel will bring together activists, former prisoners, and scholars, facilitated by Karin Adams.

HOUR 32

5:00 pm – 6:00 pm Everybody Can Dance master class with Lucia August

Lucia August leads a dance master class encouraging everyone to love their bodies exactly as they are, and to dance joyously.

HOUR 33

6:00 pm – 7:00 pm Live Music by Randall Krieger and Dance by DanceSing Drum Company

CSUEB student composer Randall Krieger initiated a collaboration with Eric Kupers and IIE in fall of 2017. Randall will share live performances of his original compositions, accompanied by dance by IIE.

HOUR 34

7:00 pm – 8:00 pm Lucia’s Standing/Outstanding Solo Show

Lucia August shares her solo performance dance work which debuted at the Edinburgh Fringe Festival.

HOUR 35

8:00 pm – 9:00 pm IIE/DanceSing Drum Company -This Too

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HOUR 36

9:00 pm – 10:00 pm, Nina Haft, Joe Landini, and more

Joe Landini dances a solo choreographed by Nina Haft, followed by a diverse sampling of short dance works.

HOUR 37

10:00 pm – 11:00pm, IIE/DanceSing Drum Company -This Too

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HOUR 38

11:00 pm – 11:50 pm, Judy Andrade-Garcia’s Senior Project

Graduating senior Judy Andrade-Garcia shares her senior choreography project.

11:50 pm – 12:00 am, Day 4 Closing Ritual

Join us in a combination of pre-planned and impromptu blessings, intentions, and participatory exercises to close out the fourth day.



Saturday, May 5th



HOUR 39

1:00 pm – 2:00 pm, Spectrum Showcase Part I –Presentations by Students with Autism and Allies

CSUEB students with autism who are part of the Creativity Lab will share their music, visual art, spoken word and other creative projects. The Creativity Lab is a collaboration between the College Link Program and the Theatre and Dance Department.

HOUR 40

2:00 pm – 3:00 pm, Spectrum Showcase Part II –Presentations by Students with Autism and Allies

The Spectrum Showcase continues.

HOUR 41

3:00 pm -4:00 pm, Rhythm Hour – Balinese Kecak Choir and Jam

Music teacher and performer Lydia Martin will lead performers and audience members in a Balinese Kecak Choir (Monkey Chant.) Lydia is a member of Gamelan Sekar Jaya, Gamelan X, and other Bay Area music groups.

HOUR 42

4:00 pm – 5:00 pm, Panel Discussion: Black Women – Perspectives on Time, History, and Cycles

The final panel discussion of our series exploring questions about the nature of time, historical cycles, natural cycles, social justice, activism, sustainability, identity, and responding to the fast pace of contemporary life. This panel will bring together black women activists, artists, and scholars, facilitated by Colleen Swafford.

HOUR 43

5:00 pm – 6:00 pm, Dawn Holtan – Cracking Open

Dance/Theater artist Dawn Holtan shares an ensemble work weaving together myths, fairy tales, tales of love and loss, performer operated lighting, singing and multi-generational dance. Live and original music performed by Eric Kupers.

HOUR 44

6:00 pm – 7:00 pm, Dawn Holtan’s Cracking Open Part II, plus Live Music by Randall Krieger and Dance by IIE

Dance/Theater artist Dawn Holtan’s *Cracking Open* continues and is followed by collaborations between Randall Krieger and IIE.

HOUR 45

7:00 pm – 8:00 pm, Yoga Class by Raven with Live Music

An inclusive Hatha Yoga class by Raven Malouf-Renning, accompanied by IIE musicians. This class is accessible for people of all abilities/disabilities, sizes, shapes, experience levels, and backgrounds.

HOUR 46

8:00 pm – 9:00 pm, IIE/DanceSing Drum Company -This Too

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HOUR 47

9:00 pm – 10:00 pm, Bandelion – Music and Dance Jam

Bandelion is Eric Kupers' core performance research ensemble within Dandelion Dancetheater. Join us as we share music and stories from our current dance/theater/music project *We Are All Dragons in Drag*, examining the potential of imagination, mythology, and drag for harnessing soul-power in the face of despair and fear.

HOUR 48

10:00 pm – 11:00 pm, IIE/DanceSing Drum Company -This Too

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HOUR 49

11:00 pm – 12:00 am, Closing Ceremony/Jam

An inclusive performance ceremony to culminate our 49-hour creative adventure. Dance, music, stories, rituals, and more.



Participating Artists/Scholars:

Inclusive Interdisciplinary Ensemble

DanceSing Drum Company

Dance Ensemble

Dance Touring Company

Creativity Lab

Ultrasonic Current

Dawn Holtan

Bandelion

Jasprit Singh

Lucia August

CSU Ferguson

Joe Landini

Nina Haft

Terry Kupers

Richard Olmsted

Antwan Davis

Lydia Martin

David Ryther

Kimiko Guthrie

Keith Penney

Ulises Alcala

Junghoon Kim

Masa Fukuizumi

LEEP Taiko

and many more!

If you'd like to share your work through performance, teaching, bodywork or guided sessions, please contact us.



Photos of IIE by Hans Holtan. Paintings of Bandelion by Adam Caldwell.